



Centennial Parklands  
SPORTS CENTRE

## **CPSC Green Ball Improver Orientation**

### **Welcome to Green Ball Lessons at Centennial Parklands Sports Centre**

Your child is taking the next steps toward refining their skills as a tennis player!

### **Where are the Centennial Parklands Sports Centre tennis courts?**

Our 11 tennis courts (9 synthetic grass, 2 hardcourt) are located across the road from The Entertainment Quarter. Programs are usually held on Courts 1 to 4.

### **What to bring...**

A tennis racquet for your child and a water bottle! Ask your child to wear comfortable athletic gear and tennis shoes. Racquets are also available for loan from our Tennis Kiosk.

### **What your child can expect...**

A progression of our Green Ball Intro class, these sessions focus on refining technique while introducing players to competitive scenarios. The focus shifts to movement, mini-rallies, and serving and returning. Your child will have taken some tennis instruction—though it is not a prerequisite—and classes are for children aged 10–12.

### **By the end of this term...**

Your child should be further refining their skills and technical knowledge as a player. The more they practise, the quicker they will improve! We encourage them to practise outside of lessons with friends, family, and players in their group.

### **What if it's raining?**

You will receive an SMS from the CPSC team if your child's lesson has been cancelled at least an hour before its scheduled start time. For this reason, please ensure that your mobile phone number is entered correctly on your user profile. If you do not hear from us, assume that the lesson is on.