



Centennial Parklands
SPORTS CENTRE

CPSC Blue Ball Orientation

Welcome to Blue Ball Lessons at Centennial Parklands Sports Centre

Your child is taking their first steps toward becoming a tennis player! Our Blue Ball program is 30 minutes long and is designed for young children in the early stages of learning the game.

Where are the Centennial Parklands Sports Centre tennis courts?

Our 11 tennis courts (9 synthetic grass, 2 hardcourt) are located across the road from The Entertainment Quarter. Programs are usually held on Courts 1 to 4.

What to bring...

A tennis racquet for your child and a water bottle! Depending on your child's size, they may need a racquet anywhere from 19 to 21 inches. If you are unsure, please ask our coaches.

What your child can expect...

Blue Ball sessions are designed to ensure that your child receives the fine & gross motor skills work required for future tennis success. Lessons are focused on co-ordination and body control along with an introduction to the tennis racquet, tennis ball, and tennis concepts. Lessons usually finish with a "fun" game though a coach may deem that more instruction is required for the group.

By the end of this term...

Your child should be further refining their co-ordination skills and becoming comfortable with a tennis racquet.

What if it's raining?

You will receive an SMS from the CPSC team if your child's lesson has been cancelled at least an hour before its scheduled start time. For this reason, please ensure that your mobile phone number is entered correctly on your user profile. If you do not hear from us, assume that the lesson is on.