



Centennial Parklands
SPORTS CENTRE

CPSC Beginner & Low Intermediate Match Play Orientation

Welcome to Beginner & Low Intermediate Match Play at Centennial Parklands Sports Centre

This program is designed for players who want to ease into playing matches! Coach-guided and held in a social environment with a box-doubles format (play with a new partner and a new opponent each round), put your skills into practice with players of a similar standard.

Where are the Centennial Parklands Sports Centre tennis courts?

Our 11 tennis courts (9 synthetic grass, 2 hardcourt) are located across the road from The Entertainment Quarter. Programs are usually held on Courts 1 to 4.

What to bring...

Your tennis racquet and a water bottle. Wear comfortable athletic gear and tennis shoes. Racquets are also available for loan from our Tennis Kiosk for a fee.

What you can expect...

The session will commence with a short five-minute warm-up period. After that, the coach will start matches. Additionally:

- Rotations are ~15 minutes long.
- If the score is tied at the end of a rotation, all four players must move to the baseline. From there, one player drop-feeds the ball with a fair feed and a sudden death point to determine who moves up and down is played out.
- Winners move toward the “top court” and losers toward the “bottom court”. When players get to their new court, they must split up so that they are in a new partnership.
- The short deuce scoring format will be used; if the game gets to deuce, the receiving team elects which side the server will serve to and a sudden death point is played out.
- Players may drop-feed their 2nd serves if they choose. The drop-feed must land in the appropriate service box.



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What if it's raining?

You will receive an SMS from the CPSC team if your lesson has been cancelled at least an hour before its scheduled start time. (Unless your class is in our earliest timeslot on Saturday—in that case we will endeavour to send you a message 30 minutes before your start time.) For this reason, please ensure that your mobile phone number is entered correctly on your user profile. If you do not hear from us, assume that the lesson is on.